

RHSAA CITY TRACK CHAMPIONSHIP – Douglas Park

Thursday, May 27, 2010 – DAY TWO (Alternate Date: May 28, 2010)

Time	Senior Boys	Junior Boys	Midget Boys	Senior Girls	Junior Girls	Midget Girls
1:00	200 h		High Jump	Discus	Long Jump	Triple Jump
1:05	Shot					
1:10		200 h				
1:15						
1:20		Javelin	200 h			
1:25						
1:30				200 h		
1:35						
1:40					200 h	
1:45			Discus		Shot	
1:50						200 h
1:55						
2:00	1500 F				High Jump	
2:05	Triple Jump					
2:10		1500 F				
2:15		Shot	1500 F	Javelin		
2:20		Long Jump				
2:25				1500 F		
2:30						
2:35					1500 F	
2:40						
2:45						1 500 F
2:50					Discus	
2:55	200 F					
3:00						
3:05		200 F				Shot
3:10	Javelin		Long Jump			
3:15		High Jump	200 F	Triple Jump		
3:20						
3:25				200 F		
3:30						
3:35					200 F	
3:40						
3:45						200 F
3:50	Relay					
3:55		Relay				
4:00			Relay			
4:05				Relay		
3:10					Relay	
3:15						Relay
3:20						
3:25						
3:30	4 x 400					
3:35						
3:40						
3:45				4 x 400		